

Tapping for Others

When we “tap for others” we offer a form of surrogate or intentional healing.

The theory:

Surrogate healing is based on the premise that we are all one within a shared source. This is echoed in quantum physics by the mysterious connection retained by particles who have been part of the same quantum system and are separated by space.

Essential to the positive outcome of surrogate tapping are:

- the healing intention of the tapper
- the receptiveness, conscious or unconscious of the recipient

Methods include:

- ‘being the person’ – for example if you tap for someone called John, you would state
“I am John – Even though I have....”
- 3rd person – “Even though John has.....”

In both cases you’ll tap on yourself:

- physically – with your finger
- mentally – in your mind
- on a surrogate such as Tappy Bear or similar

You can also tap on the recipient in your mind’s eye, whether they are present in the room, or miles away. Distance is no object.

Applications include:

- for people we don’t know, e.g. in front of the News
- for people with dementia
- for people in a coma
- for babies
- for ancestors and/or past history
- for animals
- for inanimate objects



Martine Moorby is an AAMET Level 3 Trainer who has worked as an energy healer and teacher for nearly 10 years. She is also an experienced Life Coach and Reiki Master/Teacher and Retreat Leader. The emphasis of her work is on self-awareness, self-healing, self-understanding and spiritual development. Please visit her website: www.martinemoorby.com

18 Old Trough Way, Harrogate North, Yorkshire, HG1 3DE

Telephone: 01423 501368

Email: martine@martinemoorby.com

Web: www.martinemoorby.com