

AAMET FAQ – For Existing Practitioners

Updated 23 January 2009

What has changed in recent months? See 'AAMET FAQ for Newcomers' for the current status and links to key documents. In summary:

1. The vital role of [TESTING](#) in the certification of new Practitioners has been clarified
2. CPD and Mentoring requirements now apply to Level 2 as well as Level 3 (see [Guidelines](#)).
3. **Annual reporting of CPD and Mentoring has been replaced by random audit by Trainers.** However, Practitioners and Trainers should keep records of their CPD/Mentoring for 7 years in case they may be asked for in a random audit by an AAMET Trainer.
4. **The old CPD 'Points' system has been replaced by '30 HOURS CPD per year'.**
5. CPD has now been expanded to include **any** activity (not just EFT related) that can reasonably be expected to add to a practitioner/trainer's competence or personal development, or further the interests of the EFT community and/or AAMET. This new system is MUCH more forgiving in terms of what can now be considered CPD, and is now measured in 'hours spent' rather than 'points'. No prior approval for claiming CPD is necessary.
6. Mentoring, which is required in addition to the above 30 hours CPD, now includes working with **any** appropriately trained colleague (either one-on-one or in a group). A clearer distinction between Mentoring and formal Supervision is included in the [Guidelines](#).
7. Anyone wishing to be (or remain) listed on the AAMET website now needs to record [signed acceptance](#) of the '[AAMET Guidelines on CPD and Mentoring](#)' and the '[AAMET Code of Conduct and Ethics](#)' (a revised version of the latter will be issued shortly by the AAMET Ethics Committee, together with a new Complaints Procedure). Existing listings will be grandfathered until a date to be decided (probably during the second half of 2009). Currently de-listed Level 3 Practitioners can now re-apply for listing via their Trainer in the normal way.

Why are you making so many changes? AAMET aims to be responsive to feedback from members. The [AAMET-Training-Panel](#) was established for this purpose and it rapidly became apparent that a number of members (including Trainers) were uncomfortable with the rules on CPD and Mentoring, and with the rules on certification of new practitioners. The new Regulations and Guidelines aim to address these concerns and at the same time position AAMET for future growth.

How can I take part in the debate? Join the [AAMET-Training-Panel](#) and have your say. Sign up to the [AAMET Buzz](#) Newsletter, see what everyone else is saying and send in your own contributions. Come to the [EFT Gathering](#) in Ilkley at the end of this month!

How is the Curriculum and Competencies Work Group getting on? The work group hopes to be in a position to issue a draft for consultation with the membership during January 2009

When will the AAMET Master programme be announced? Volunteers for the AAMET Master Programme Work Group have been slow to come forward, however the group is now assembled and work is expected to begin very soon.

Are there plans to introduce a membership fee? Not as yet, however this is constantly under review

How can lapsed AAMET Practitioners (Level 3) restore their listing as such on the website? Sign the [acceptance form](#), give this to your Trainer and ask him/her to re-register your L3 status with AAMET.

Does it make sense to sign the Code of Conduct and Ethics when it will be changed so soon? The [acceptance form](#) covers any future updates.